

Triple Oaks Herb Weekend Event Schedule

There may be additional demos. Food available both days. Schedule subject to change.

Saturday, May 26, 2018

9:15am - Introduction in the Herb Garden with Lorraine.

9:30am - Making herbal snacks and tea. Lorraine will have tastes for you of our favorite lemon herb tea and bread. (HSA helpers)

10:00am - Lovely Lavender with Jaye. Hear about lavender and make a lavender wreath for you hair, \$3 FREE to first 25 people.

10:45am - Benefits of pollinator plants in your garden with Joe Kiefer. Taste our honey cakes.

11:15am - Steam Distillation of Herbs demo and talk about hydrosols with Susan Hess.

11:45am - Sarah Outlaw: holistic health practitioner and herbalist.

12:15pm - Making fantasy figures from wool with Lynn McHale (4-H).

1:00pm - Suzanne Reppurt Medicinal: herbs to grow and use.

2:00pm - Rain Gardens with Emma Marvin from Littoral society

2:30pm - Make a rain barrel! First 25 Herb Weekend participants to sign up can make a rain barrel with Emma from the Littoral Society. Make \$15 check out to Littoral Society and mail to us. You must pre-register.

2:30pm - Make something pretty with herbs, Lorraine and Luann.

3:00pm - Lemon herbs and culinary herbs, demo and samples.

3:30pm - Walk with Joe and see the bees.

ALL DAY - Potting Up Herbs with Triple Oaks' staff. Choose a pot and herbs. Costs vary, meet at the herb table.

Sunday, May 27, 2018

10:00am - Walk in Herb Garden with Lorraine and HSA helper how to pick and preserve herbs. Make herb tea and butter.

10:30am - Butterflies that like herbs with Lorraine.

11:00am - Susan Hess: Plants & Potions for Children

11:30am - Herbs of Medieval Monastery with Lorraine: opium poppy and more.

12:00pm - Sarah Outlaw: holistic health practitioner and herbalist.

12:35pm - BOOK SIGNING with Susan Betz: pollinator native herbs, show and tell of her book, followed by book signing.

1:15pm - Honey and bees in your garden with Joe Kiefer. Learn which herbs to plant. Taste Lorraine's honey cakes.

1:45pm - Fermentation and brewing with Joe. (Hops are herb of the year!)

2:15pm - Herb Society of America SJ Unit: Taste herb snacks and teas, demos, huge nature and garden book sale. HSA raffle gifts on both days.

2:15pm - Gardens for boys and girls. Jaye will show and tell all about growing naturally and how to make a refrigerator "green house". Kids will plant seeds and get a plant to take home. This will be part one of a garden series every month on strawberries, herbs and vegetables. Make a garden, snacks, and crafts.

LIVE MUSIC - 3:00pm

Triple Oaks' own Mel and her family band will play Cumbia music.

Soyan will do garden art throughout the day.